

Latest news from Advance Family Dental

Message from Dr. Zollinger:

The winter has finally hit after a long wait and we're already approaching February! I am excited for the month of February because The American Dental Association has made February *National Children's Dental Health Month* to bring awareness to the importance of developing good dental habits at an early age. The theme this year is "Rock Your Smile", and our office will be joining in the fun by having activities for the kids during February including a gift for kids under 16 who come in for their hygiene appointments during the month. If you haven't scheduled your child's appointment, call now so they don't miss the fun.

On a side note, I was honored to be recognized in Mpls/St. Paul Magazine on their annual list of "Top Dentists 2012". But what truly touches me is the support and contributions of my patients and community to my November mission trip to Haiti. Thank you so much. If you haven't had a chance to check out the pictures or hear about my trip, visit our blog at advancefamilydental.blogspot.com.

Join us in celebrating National Children's Dental Health Month and "Rock Your Smile"!

Developing good habits at an early age helps children get a good start on a lifetime of healthy teeth and gums. Talk to your kids about the importance of these healthy habits:

- Brushing twice daily
- Learning the correct technique for effective flossing
- Avoid excessive sugar in soda pop, candy and sweet snacks
- Fight plaque by eating healthy
- Wear a mouth guard when playing sports
- Don't miss cleaning or hygiene appointments every 6 months

As a full service dental provider, AFD can schedule your orthodontic consultation during your regularly scheduled cleaning visit. Ask for details when you make your appointment.



Rock Your Smile!

Hygiene visits are covered 100%

If you have dental insurance, then regular hygiene visits are fully covered - you will pay nothing out of pocket. We work closely with your insurance company to maximize your benefits.

If you don't have insurance coverage, our finance specialists will work with you to manage your budget.

Did you know? Dr. Z is blogging!



Addressing common dental questions and issues, learn more from Dr. Z's blog. Use this QR Code with your smart phone or go directly to: advancefamilydental.blogspot.com

We open early and close late to meet your family's busy schedule.

925 E. County Road E, Suite 185 • Vadnais Heights
Paul K. Zollinger, DDS

We're conveniently located just off 35E and County Road E in Vadnais Heights.

(651) 482-1122

Visit us on the Web at www.AdvanceFamilyDental.net

